



Gospel Reflection

The Gospel of today places strong emphasis on Jesus the Living Bread. This section begins with the claim of Jesus that he is the living bread come down from heaven. This indicates the divine nature of Jesus. This bread in fact is his person which he will give for the life of the world. Once again the declaration of Jesus leads to a serious argument among the Jews over the possible meaning of what he said. Jesus takes this opportunity to move his words to a deeper level. Not only Jesus himself is the bread of life but eating his flesh and drinking his blood are essential to have real life. Jesus was speaking of eternal life which only Jesus can provide. In many ways the unfolding of Eucharist in the Gospel of John exceeds what we have in the Synoptic Gospels where the event is narrated with little explanation.

Today when Jesus speaks of the eating of his flesh he intends to tell us of the Eucharist. To eat the flesh of Jesus and to drink his blood is to become totally identified with his very person, with his deepest thoughts, with his vision of life, with his values, and with his mission to build the Kingdom of God.

Let us pray: Loving Father, how could we know the depth of your love if your Son had not become flesh of our flesh and blood of our blood? How could we ever have the courage to live for one another and if necessary to die if he had not given up his body and shed his blood for us? Thank you for letting him stay with us in the Eucharist and making himself there our daily bread. On our journey through life let this bread be the food that empowers us to live and die as he did, for one another and for you, our living God, forever and ever.

Drawn into the Joy of the Gospel: Formation in the Archdiocese of Adelaide

What is formation? Why is formation important for Catholics? How to provide formation opportunities in our local communities? Join Fr. James McEvoy and Peter Bierer for this workshop exploring Drawn into the Joy of the Gospel: Formation in the Archdiocese of Adelaide and its applications to local communities, parishes and schools in the Archdiocese of Adelaide. Workshop dates and locations vary across the Archdiocese. For more information contact Peter Bierer at pbierer@adelaide.catholic.org.au

Workshop dates and locations vary across the Archdiocese.

Tuesday, August 20, 7pm, St Matthew's Hall, Bridgewater

Saturday, August 24, 10.30am, Our Lady of the Valley Church, Nooriootpa

Saturday, October 26, 10am, Croydon Park Parish Hall

RSVP at: <https://www.trybooking.com/CRMMC>

20 Aug: Go and Make Disciples: An RCIA Process for Every Parish

To bring people to God is the most basic call of our baptism. It falls to every parish community to welcome and receive those who desire an encounter with Jesus and a life of faith. Attend these four short workshops – one for each period of the Rite of Christian Initiation of Adults (RCIA) – for practical strategies to welcome inquirers and lead them through initiation into a lifetime of faith regardless of your parish resources. We will explore both the formational aspects and the liturgical steps that move people through each period. Who: Priests, Deacons, Parish Secretaries, Pastoral Associates, Catechists, RCIA team members and parishioners interested in accompanying others in their journey of faith.

When: August 20 (Catechumenate); November 5 (Purification and Enlightenment); November 12 (Mystagogy).

Time: 7pm-9pm.

Where: Cathedral Hall, in-person or online. See the flyer on the notice board for booking QR code and more details. Or contact Community Life and Worship 8210 8130 worship@adelaide.catholic.org.au.

22 Aug: Dulwich Knitting Group

The Dulwich knitting group will meet on Thursday, 22 August at the Peter Claver Church Hall, Stuart Road, Dulwich, which is diagonally opposite the church. Come at any time after 10.30am. There is no need to bring anything with you, as we have supplies available. We warmly welcome parishioners and their friends to join us to knit, chat, enjoy morning tea, or simply to be in the company of others. All are welcome. Last month we had a large collection of items to distribute to Fred's Van attendees, refugee families and residents of women's shelters. Thank you to all those who contributed over the summer months by continuing to knit, stitch squares together and donate 8 ply wool. The remaining dates for this year are follows: Thursday, 22 August and Thursday, 26 September. For further information, contact Julie (0468 636 190).

24 Aug: Meaningful Ageing

The World Community for Christian Meditation South Australia invites you to a Community Day on 'Meaningful Ageing' with the Rev Dr Les Underwood (Uniting SA Minister and Director of both the Uniting SA Clinical Pastoral Education Centre and the St Barnabas Anglican Clinical Pastoral Education Centre) as our guest speaker. There will be a Q&A panel in the afternoon; and time to meditate.

Date: Saturday August 24 2024, 11am - 3pm

Place: St Michael's Anglican Church, 18 Church Road, Mitcham.

Please bring some lunch to share and your cup. Suggested donation \$15. For more information and to register contact: chrmed.southaust@gmail.com

ADELAIDE CATHEDRAL PARISH

Archbishop of Adelaide **Archbishop Patrick O'Regan DD**
Administrator Fr. Lancy D'Silva CSC
Assistant Administrator Fr. Peter Rozitis
Assistant Priests:
Fr. Matthew Newman Fr. George Ocholla
Fr. Francis Tawil Fr. My Tran
Fr. Tony Telford-Sharp Fr. James McEvoy
Latin Mass Chaplain Fr. Michael McCaffrey, FSSP

Parish Office (across the lawn from the Cathedral)
Mon to Fri: 9.30am–4.30pm • 8210 8155
39 Wakefield St Adelaide SA 5000.
Mailing: GPO BOX 1364, Adelaide SA 5001.
acp@adelaide.catholic.org.au • www.adelcathparish.org
Parish newsletter: www.adelcathparish.org/news-events/weekly-newsletters

Aboriginal Catholic Ministry
Otherway Centre 8362 3185
Cathedral Parish Music 8210 8128

Any emergency requiring a priest: 0417 080 955
Pastoral Care: Visitation and Communion can be arranged for parishioners who are ill. Please call the Office: 8210 8155.



Regular Mass Timings
REFER TO PARISH WEBSITE FOR DETAILED SCHEDULE OR SCAN THE QR CODE WITH YOUR PHONE CAMERA FOR OUR REGULAR TIMINGS

St Francis Xavier Cathedral, Adelaide
Sunday Masses
Sat : 6pm (Vigil)
Sun: 7am, 9am, 11am,
2.30pm (African), 6pm

Weekday Masses
Mon - Fri: 8am, 12.10pm & 5.45pm
Sat: 8am, 11.30am

Confessions
Mon, Wed, Fri: 11-12 noon, 5-5.30pm
Sat: 12 noon-1pm, 4.30-5.30pm

Holy Hour
Tues: 6.30pm, **Fri**: 11am

Public Holidays 8am Mass ONLY at the Cathedral
Except 01 January—Mass at 10am at the Cathedral
26 January—Mass at 9am at the Cathedral

St Mary's, Lower North Adelaide
Tues and Fri: 8am **Sun**: 9.30am

Our Lady Queen of Angels, Thebarton
Sat: Confessions: 5.45pm | **Vigil**: 6pm
Sun: 9.30am

St John Vianney, Burnside
Tues and Thu: Mass: 9am | **Confessions**: 9.30am
Sun: 9am

St Peter Claver, Dulwich
Wed: 9am, **Fri**: 11am **Confessions**: 11.30am
Sat: Confessions: 5.30pm | **Vigil**: 6pm
Sun: 11am

Holy Name, Stepney
Sun: 11am

St. Patrick, Grote Street, Adelaide
Sun: 10.30am (Croatian)
4.00pm (Portuguese) - 1st, 3rd & 5th Sundays ONLY

Our Lady of Perpetual Help, Kangaroo Island
Sun: Confessions: 9:00 am | Mass: 9.30 am

Please contact the Parish Office for Baptism & Wedding bookings.

WORSHIP

Entrance Antiphon: Turn you eyes, O God, our shield; and look on the face of your anointed one; one day within your courts is better than a thousand elsewhere.

First Reading: Proverbs 9:1-6.

Responsorial Psalm: Taste and see the goodness of the Lord

Second Reading: Ephesians 5:15-20

Gospel Acclamation: Alleluia, alleluia! All who eat my flesh and drink my blood live in me and I in them, says the Lord Alleluia!

Gospel: John 6:51-58.

Universal Prayer Response: Lord, hear our prayer

Communion Antiphon: With the Lord there is mercy; in him is plentiful redemption.

Next week: Twenty-first Sunday in Ordinary Time.

First Reading: Joshua 24:1-2. 15-18

Second Reading: Ephesians 5:21-32

Gospel: John 6:60-69

Liturgies & Activities (19th-25th Aug)

Tue St. Bernard
Wed St. Pius X
Thu Queenship of the Blessed Virgin Mary
Sat St. Bartholomew
Sun Twenty-first Sunday in Ordinary Time.

Prayer Requests for the Deceased

Recently Deceased: Ivan Adzic, Matt Shaw, Andjelka Roncevic, Manuel Carvalho

Deceased Anniversaries:

Cathedral: Raffaello Godi, Dianne Marie Fernando, Graciano Malapira, Liberty Garcia, Erna and Josef Slowiak, Robert Charles Joe Schofield, Alfredo Silvestri, Giovanna Angiuli, Newton Long

Queen of Angels: Domenica Zampogna, Palumbo family, Tripodi family, Forza family, Laurendi family, Gerace family, Velardo family (Angelo, Maria & Vincenzo), Saverio & Anna Sergi and Ielasi family (Antonio, Rosario & Caterina)

St. Mary's/Holy Name: Ann Rogerson and Harold O'Shea

St. Peter Claver/St. John Vianney: Martin Leroy Adams, Palma Zotti, Diego Poletti, John Andrews, Ivy Elcombe, Peter & Eileen Binnie, Edna Glyn, Maureen Hill and Frank & Elizabeth Storno.

Prayers Requests for the Sick

Steve Gleeson, Anton Sylvester, Antonio Romeo, Emily Swan, Angelina Musico, Charles Dias, Vilma D'Cruz, Joshua Jose, Madison Musico, Peter Slobodian, Joshua Antony, Denis Cranswick, Maresa, Allan Mason, Fidel Ruivivar, Araceli Suzara, Jen Andrea Sims-Imperial and Beverly Garton.

ACBC Research Project: Absent from the Table

The Australian Catholic Bishops Conference is undertaking a research project aimed at investigating why some Catholics do not participate in regular weekly Sunday Mass (Sunday Mass includes the Saturday Vigil). The survey closes on **Tuesday August 20 2024**. Parishioners are encouraged to reach out to those they know who could participate in the survey. Please share the following link mentioned below to complete the survey: <https://bit.ly/AbsentFromTheTableSurvey>

25 Aug: Delve into the Gospel of Mark; for young adults

The Adelaide Cathedral Young Adults group invites all young adults (18-35 year olds) to join us for a series of talks about Mark's Gospel, by Fr Matthew Newman. We will continue with session 03 on Sunday 25/08 and session 04 on Sunday 22/09, in the Cathedral Hall. On-site parking available.

This series will help you understand the big picture of scripture and how all the aspects of our faith connect. For more information about the events and young adult group activities please contact Ngoc Nguyen

1 Sep: Catholic Charities Month

In the month of September, we are promoting the Catholic Charities Appeal which supports the following agencies in South Australia: Hutt St Centre, Aboriginal Catholic Ministry, Centacare Catholic Family Services,



Catholic Charities

Our Lady of La Vang and St Patrick's Special Schools. Please take a leaflet with you to find out more about the September Appeal. These frontline agencies support some of the most vulnerable in the community at a time when many people are doing it tough. Brochures with reply paid envelopes will be available at the back of the church from this weekend. All donations of more than \$2 are tax deductible. Donations can be made via the reply online: <https://adelaide.goodgiving.com.au/qr/cc> or through the paid slip on the leaflets/envelopes. We thank you for your kindness and generosity to help our fellow South Aussie brothers and sisters.

6 Sep: The Adelaide Planetarium Season of Creation Event

The Catholic Archdiocese of Adelaide invites you to a 60-minute experience at the Adelaide Planetarium, to celebrate the Season of Creation. The event will occur on Friday 6 September from 7pm-8pm at the UniSA Mawson Lakes campus. Places are limited so register early at <https://www.trybooking.com/CTENZ>

15 Sep: Blessing of milestone wedding anniversaries

Celebrations for milestone wedding anniversaries in the Archdiocese will again be held in local parish communities to recognise couples in their life-long commitment. Married couples who are celebrating significant anniversaries and who wish to receive a certificate for presenting in their parish, must contact their local parish office.

29 Sep: Migrant and Refugee Sunday (Multicultural Mass) at St Francis Xavier's Cathedral

Everyone is invited to celebrate Migrant and Refugee Sunday in St Francis Xavier's Cathedral on 29 September at 2.30pm. All are welcome! Come dressed in cultural attire and enjoy an ice cream and coffee after Mass, as we celebrate the many cultures that make up our amazing church in Adelaide. For more information about World Migrant and Refugee Sunday, contact the Justice, Healing and Inclusion team on Jhi@adelaide.catholic.org.au or 8210 8140 .

18 Sep: Repeat Session: *Pastoral Planning and How to Do It*

Due to numerous requests the PPC training session on Pastoral Planning will be repeated as an online only event on Wednesday September 18. Registrations are essential via <https://www.trybooking.com/CUHUT> or by



scanning the QR code. Suitable for Parish Priests, Pastoral Council chairs and Pastoral Council members. Any enquiries contact Orla on 8210 8166 or owright@adelaide.catholic.org.au.

Check the flyer on the notice board for more details.

Rite of Christian Initiation of Adults (RCIA) Cathedral Program 2024/2025

Each year, our parish runs a series of instruction for adults who are interested in joining the catholic faith. This is called the RCIA (Rite of Christian Initiation of Adults) program. The 2024/2025 sessions will start in late August/early September 2024. If you are interested in joining this group, or even have an interest in finding out more about the catholic faith, you are invited to contact the Parish Office on 82108155 or please email: acp@adelaide.catholic.org.au

IMPORTANT: Wet concrete in the carpark

Please note: There has been some plumbing work carried out in the carpark to fix a leak and therefore there is a section of the carpark that has been cordoned off to allow the concrete to set. There are orange cones placed to mark the space.

Parishioners and visitors are requested not to park in carpark no 12 and 22. These will be used to safely manoeuvre around the wet cement. Please be mindful as you drive into and out of the carpark. We look to your support in ensuring easy flow of traffic and avoid traffic jam. Thank you.

Latin Mass Community

There will be a meeting for all altar servers today at 11am-12noon (in the atrium).

The 26-35yo Young Adults Group meets this evening, beginning with a Holy Hour at 6:15pm, followed by pizza and a talk from Fr McGuckin. Please contact Gaby Nara for details.

Altar Servers' practice continues tomorrow Mon. 19th Aug. 5:30-6:30pm.

Mon. evening Scripture classes continues tomorrow at 7:30pm. All welcome.

Thurs. evening's Introduction to the Bible class continues at 7:40pm. All welcome.

Youth Group meets this Fri. (school yrs 3-12), beginning with catechism classes at 5:30pm.

Shyam Garu and Nathali Warnakulasuriyage will marry this Sat. 24th Aug. at 10:30am at Holy Name Church. All welcome to attend their wedding and sung Nuptial Mass.

The latest edition of our community's Trading Post is available in the Tea Room.

Registrations for this year's Christus Rex Pilgrimage are now open. See www.christusrexpilgrimage.com for details.

There are five places still available for our men's silent retreat in January 2025. Please contact Marco Barsotti if you are interested (details on flyer).

Please do not place any material (advertising or otherwise) in the church without the prior permission of the chaplain. Thank you.

Welcome to new parishioners. If you are new to the Latin Mass or new to Holy Name, please don't hesitate to introduce yourself to either Fr McCaffrey, Fr McGuckin or Fr Sofatzis after Mass. There is a cuppa after the 9:15am Mass every Sunday in the tea room behind the church diagonally across the car park. All welcome. Also please feel free to register as a parishioner on our community census. The link is available on the website.

Please remember the sick in your prayers, especially Rhiannon Kraft, Margaret Easlea, Terry Muscat (Chris Forrester's mother), Constantine Day, Damian Wyld, Domenic Marafiotte, Tony Caruso and Vincenza Martucci (Ines Barson's mother). Please also remember the recently deceased, and those whose anniversaries occur about this time.

Safeguarding Children

Just a reminder that all children need to be accompanied to and from the toilet, ideally by an adult family member. Kindly ensure that children are supervised by an adult family member when walking through the underground carpark, attending Church Services or attending activities in the Hall.

REMINDER NOTICE TO ALL PARISHIONERS:

Cathedral Car Park and Staircase Driveway on the Cathedral lawns and Driveway in the Underground Car park

This is a REMINDER NOTICE to all parishioners and visitors when using the underground carpark. All pedestrians and parents with baby strollers must **ONLY USE** the carpark staircase when entering and exiting the underground carpark. Using the carpark ramp as a pedestrian walkway or for baby strollers is a major safety hazard. Please avoid doing so. **The underground carpark is monitored with cameras at all times.**

Please do not double park your car in the underground car park driveway. Blocking the entry and exit of vehicles during Weekend Masses is a major safety hazard and the vehicle will be towed away at the owner's cost.

Parking on the driveway of the Cathedral lawns is also prohibited at all times. Both the driveways (underground car park and on the lawns) must be free for movement of vehicles at all times. Thank you for your cooperation.

EMERGENCY EVACUATION NOTICE:

Churches in Adelaide Cathedral Parish

In the unlikely event of an emergency, please follow directions of the Priest who shall act as the Chief Warden and take control of the emergency response. When directed to evacuate the church:

- Move quickly and orderly to the nearest safe exit, do not run
- If required, provide assistance to disabled persons and the elderly
- Alert the Priest / Warden if someone is unable or unwilling to evacuate
- Proceed to the designated assembly area and await further instructions from the Priest or emergency services
- Do not re-enter any buildings until advised by the Priest or emergency services

ASSEMBLY POINTS IN EMERGENCY EVACUATION	
St Francis Xavier Cathedral	Mary MacKillop Plaza
Queen of Angels Church, Thebarton	Grass area
St Mary's Church, North Adelaide	Car Park
St John Vianney, Burnside	Car Park
St Peter Claver, Dulwich	Car Park
Holy Name Church, Stepney	Car Park